

Fourth Dimension Style Meetings in or near Dayton, Ohio

(These meetings vary in style, but most use our large 4D Chart and/or our 4D Meeting Handouts)

Sunday, 7:00 pm – *Take the Steps Gp.* – North Side Club – 7089 B, Taylorsville Rd. **Huber Hts., OH**

Monday, 7:00 PM -- *4th Dimension” Group* – Traditions Club, **Middletown, OH**

Tuesday, 7:30 PM, *4th Dimension Group.* – Central Club, 200 Curtis St., **Middletown, OH**

Tuesday, 8:30 PM – *Big Book Step Study Group.*—Alco-Aides Club – 2008, E. 3rd St. **Dayton, OH**

Tuesday, 7:30 PM -- *4th Dimension Big Book Step Study* -- Emanuel Baptist Church - - Virginia Circle, **Wilmington, OH**

Tuesday 8:30 PM – *4th Dimension Gp.*—Dry Dock Club—5836 Glenway—**Cincinnati, OH**

Wednesday, 8:00 PM -- *4th Dimension Big Book Step Study* -- Alano Club - 1557 E. Main St., **Springfield, OH**

Thursday, 8:30 PM. – *Flimsy Reed Group* – Presbyterian Ch. – 1130 Highview Dr. – **Fairborn, OH**

Friday, 8:30 PM -- *Newcomer’s Meeting* – South Side Club – 3040 Valleywood Dr., **Kettering, OH**

Friday, 7:30 PM – *Turn It Over Gp.* Grace Chapel – 100 Grace Dr. – (Rt. 42 South) **Xenia, OH**

Saturday, 10:00 AM – **BB** – *North Side Club* -- 7089 B, Taylorsville Rd., **Huber Hts. OH**

Our 4D members will be happy to present either a Big Book Step Study or an AA History Seminar for your AA community. Please phone Bob S. (765) 935-0130, or email: rstonebraaker212@comcast.net

History of the Fourth Dimension Group of Richmond, Indiana

(A Big Book Step Study Group)

During the winter of 1985 I came across an AA group in Palm Beach, Florida, that rocketed newcomers through the 12 Steps at a surprisingly rapid pace. Newcomers would be invited for a nice breakfast on Saturday mornings at a restaurant near a small office used by one of the members. After bacon & eggs all would retire to this office where Steps One and Two would be promptly explained from the Big Book. The Third Step Prayer was then prayed; *at once* the initiates, as a cluster, were guided through writing their Fourth Step via the clear-cut-directions from the Big Book. When finished, a Pizza Pie was in order during the mid-afternoon break.

Then, it was time for Step Five with an assigned 'sponsor' in a private room where Steps Six and Seven were accomplished shortly thereafter.

Then, the entire group would converge to the main room where the Big Book directions for Steps Eight and Nine were taught. Time for sandwiches, and Q & A. The essential elements of the Maintenance Steps Ten, Eleven and Twelve were then laid out in a clear fashion, ending at midnight, and sometimes later. This group was tagged the **Fourth Dimension Group**; it was spawned by ex-football player, Del H. who had recently arrived from the Lone Star State.

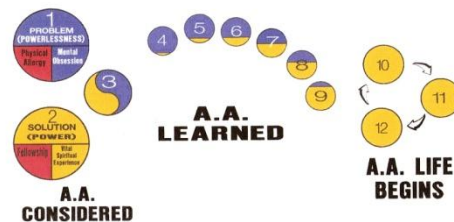
Nattering nabobs declared this fast-pace deal will never work, but later these same members often sent their 'hard cases' to this accelerating group.

I moved to Santa Monica, California, in late 1986, and soon thereafter some of us started a slightly different style of **Fourth Dimension Group**, but we still rocketed newcomers through the process in much the same rapid manner. We brought newcomers into our homes where the process required a scant two or three sittings. Our numbers grew very rapidly, and by April of 1987 we had started a 12- Step study meeting in a recreation room at Memorial Park at 14th and Olympic, in Santa Monica. By October of that same year several of us presented our first 12-step seminar at a small treatment center. Our meeting

style seemed to have caught on; by 1989 we had started four meetings of the same ilk in the Los Angeles area. Some of our 90-minute meetings played an edited version of the then-popular Joe & Charlie tapes for about 20 minutes, followed by discussion of the step of that week.

However, happy circumstances brought Deanna and me to Richmond, Indiana, that same year. We started a new Fourth Dimension Group 12-Step 'informational style' group el pronto, plus we continued presenting 12-Step seminars around the mid-west. This helped start many same-style 'informational' meetings at Indianapolis, western Ohio and northern Kentucky. There are now about twenty of these groups around the US and even one in the UK. They have different names and styles, but most all have adopted our meeting format and most display the big (36 x 48") chart shown below and many use our '4D meeting handouts.'

PROGRAM OF RECOVERY



It is now twenty-six years later (2013); it is our hope that the thousands of regular AAs and treatment center residents who have attended our Big Book 12-Step meetings will have a renewed enthusiasm for the true AA program of action as derived from our basic text: The Big Book of Alcoholics Anonymous.

Bob S.

Website: www.4dgroups.org

